



COVID-19 Communications

20/03/2020

Wellbeing in times of Adversity

This is a very anxious and unsettling time for Australians as there are many different viewpoints around the best options for minimising the impact and spread of COVID-19. As well as looking after our health, there are also issues relating to supplies of goods and certainty of work. It could be that your child is feeling this additional anxiety and may need some wellbeing support.

In this update, can I remind you of our '**Wellbeing Website**' (<https://kariongmountains-high.com.au/wellbeing/>), which provides you with information about the many different organisations that are there to help. Additionally, our school counsellor and wellbeing team are available to support students at school.

Stage 6 Updates – More Information

Where possible, we have adjusted submission of tasks to all be online, through use of Google Classroom. The Year 12 'performance' assessment tasks scheduled between the 1st and 3rd of April will still operate, as they are all individual tasks.

Students who are Unwell

I am urging parents to please keep their children at home if they are unwell. We are monitoring children's wellbeing at school and will communicate with you if they indicate they are not feeling well or present with any respiratory symptoms. The recommendation will be for them to go home to be monitored, rest or seek medical advice. I apologise if this seems a strong response, but feel in the interest of the whole school community we all have a responsibility to maintain the health and wellbeing of both students and staff on site. I greatly appreciate parents' capacity to support this action.

Be assured our priority is the safety and wellbeing of our students and staff.

Anne Vine
Principal